

MARCH, 2020



- **PRINCIPAL**
Kevin Merkley
- **VICE-PRINCIPAL**
Sumir Bansal
- **SUPERINTENDENT**
Camille Logan
- **TRUSTEE**
Ron Lynn

School Day Schedule

8:45 am Entry

8:55-10:35
Learning Block

10:35 - 11:05
Recess

11:05- 12:45
Learning Block

12:45-1:45
Lunch

1:45-3:25
Learning Block

3:25
Dismissal

The Stonebridge Story

Website: <http://www.yrdsb.ca/schools/stonebridge.ps>

Email: Stonebridge.ps@yrdsb.ca

Follow us on twitter: @StonebridgePS

A Message from the Administration

Welcome to March! The month of March also marks the anticipated arrival of Spring. Stonebridge is excited by the energy that Spring brings. Our staff and learners continue to participate in a variety of learning experiences this month. 欢迎大家来到三月份！三月标志着春天将快到来。石橋为春天带来的力量而感到非常高兴。今个月我们的教职人员继续参与多样化风学习机会。

February was busy with several opportunities for our community to come together. We had [YouthSpeak](#) come and speak with our community about bullying which was organized by our School Council with the financial support of a [Parents Reaching Out Grant](#). We also hosted our monthly Community Sports Night as well as a parent workshops presented by [Hong Fook](#) in Mandarin. 二月份是很忙的，我们有几个让社区走在一起。我有青少年服务团体youths peaks 来到说明关于欺凌。由本校家长委员会组织和由教育局的联系家长津贴(PRO) 我们亦可举办每月一次的社区运动夜，还有由康福服务中心以普通话的工作坊。This workshop focussed on mental health, well-being and positive communication. Hong Fook shared strategies for families to understand youth emotions, help emotional regulation and where and how to seek help. Their conversation also revolved around validation of students using their strengths and developing a strong and positive sense of identity. 这工作坊的重点是精神健康，身心健康和积极沟通。康福会分享家长如何明白青少年人的情绪的策略，帮助情绪管理和那里和如何寻求帮助。他们亦会围绕肯定学生，以他们的优点和发展坚强和积极的自我身份认同。

In March, we have [Duane Gibson](#) working with our Grade 1 to 8 students to deepen our learning about Black History. We have Senior Kindergarten grad photos [on March 4th](#) followed by Grade 8 Grad photos [on March 5th](#) and 6th. 在三月，我们有Gibson 女士为一至八年级的学生一起学习和加深对黑人历史的认识。我们亦会有在三月四日的高年级的学生毕业照相，三月五和六日会是八年级的毕业照捆日。

As we start planning for next year, if you have any specific requests for the placement of your child for next year, please send your request to Mr. Bansal via email (sumir.bansal@yrdsb.ca) by [May 1st](#). 现在我们开始计划明年，如果您对您孩子明年安排班室有特别要求，于五月一日前，请电邮副校长Bansal 先生（电邮地址为Sumir.bansal@yrdsb.ca . if you wish to set up a time to speak over the phone or in person that can be arranged as well. 如果您希望在电话或亲身会面，请联系学校办公室。Please keep in mind that families should not be requesting specific teachers or particular grade arrangements (e.g. single/combined grades) as teaching positions and school organization changes every year. Requests of this nature will not be considered. 请记住家长不应要求指定的老师或特别班室（例如，单一班或混合班）由于教职位和学校教职位置每年都改变。这类要求一般都不接受。Please describe your child's learning profile and the type of teaching style that will support your child (e.g. My child requires a lot of structure, My child learns best through the Arts, my child is strong in Literacy but needs more support in Math etc.). 请形容您孩子的学习详情和教育的形式会对您孩子有帮助，（例如我的孩子需要多些规定，我的孩子透过美艺学习，我孩子的英文是可以的但需要帮助数学等等。

We wish that you have a safe and restful March Break [from March 16th](#) to 20th. 我们希望大家有个安全和休闲的春假。

Your partners in education 您的教育伙伴

Sumir 副校长 and Kevin 校长

Message from Our Trustee

As we enter another month of winter, this is a good time to be thinking about our health, well-being and the importance of self-care. We know that, like all of us, our students can focus better when they feel better. Our schools play an important role in health and mental health promotion and education, and fostering well-being and mental health is one of our [priorities as a school board](#).

There is a lot of work taking place in our schools and board to create [healthy schools](#) and promote [mental health](#) and well-being, including:

- Providing training and resources for educators on strategies to support mentally healthy classrooms for all students, including holding a mental health conference.

- Hiring identity specific mental health workers and developing partnerships with [community partners](#) to serve the diverse needs of our students.

- Developing a [Student Suicide Intervention Protocol](#) to help keep students safe in the event of suicidal thoughts or actions.

- Educating students about the risks of [substance use and misuse](#), including [vaping](#) and [cannabis](#).

- Providing strategies and supports for students in [preparing for exams](#) and [managing stress](#).

This commitment is also reflected in Board policy like the [Healthy Schools and Workplaces](#) policy and procedures. Setting policy, which governs the operation of the Board, is one of the [roles of trustees](#), and we greatly value the input provided by students, staff members, family and community members. I encourage you to look at the [policies under review](#) and share your feedback.

We have a lot to look forward to in 2020. At the Board meeting in December, trustees unanimously approved the addition of [new permanent Indigenous Trustee and Indigenous Student Trustee positions](#). We are committed to Indigenous Education in our Board and it is important that these voices are represented at the table. We hope to fill the positions as soon as possible and will share more information as it becomes available.

A [message from the Chair of the Board of Trustees](#) is also available on the Board website at www.yrdsb.ca.

Ron Lynn

Trustee, Markham, Wards 2, 3 and 6

World Down Syndrome Day



World Down Syndrome Day – March 21st, 2020

The Canadian Down Syndrome Society encourages Canadians to celebrate people with Down syndrome in Canada and around the world for World Down Syndrome Day on March 21st. Please visit our display in the front display case to read more about Down Syndrome, and some inspiring success stories.

Purple Day—International Epilepsy Awareness



Purple Day is an International Epilepsy Awareness initiative created by Nova Scotia's Cassidy Megan when she was 9 years old.

In June 2012, the Canadian government passed The Purple Day Act, declaring March 26, "Purple Day", the official day for Epilepsy Awareness across Canada. The excitement spread and the entire month of March is now regarded as Epilepsy Awareness Month.

We invite you to help raise awareness by simply wearing purple or participating in ThumbsUpforEpilepsy.

Edsby

TO REPORT A STUDENT'S ABSENCE/LATE:

LOGIN TO: yrdsb.edsby.com / CALL 905.887.2427

Change of Address:

If there's changes to your address or phone number, please let the office know as soon as possible.

NUT & SCENT FREE Environment

This is a reminder that many students and staff have life threatening allergies to nuts. As a result, we ask that all snacks and lunches are nut free. Please take the time to read the labels on snacks to ensure they are nut safe. We also ask that you do not use peanut butter substitutes such as Wow Butter . **Nutella is a nut product and must not come to school.**

这提醒我们，许多学生和教职员对坚果有威胁生命的过敏反应。因此，我们要求所有零食和午餐均不含坚果。请花时间阅读小吃上的标签，以确保它们是坚果安全的。我们还要求您不要使用Wow Butter之类的花生酱替代品。花生酱是一种坚果产品，切勿上学。



The chemicals used in scented products can make some people sick, especially those with fragrance sensitivities, asthma, allergies and other medical conditions. To help keep the air healthy for everyone, our school has a scent-free policy.

有气味的产品中使用的化学物质会使某些人生病，尤其是那些对香气敏感，哮喘，过敏和其他医疗状况的人。为了帮助所有人保持空气健康，我们的学校制定了无气味政策。



Lunches

If your child is away on hot lunch days, please consider this a donation to the school, as we cannot provide refunds for missed lunches. If you would like to pick up their lunch, you must notify the school by 12pm.

When dropping off lunches/drinks, please make sure they are labeled to ensure all lunches would be picked up on that day.

FLU SEASON IS HERE

Get the flu shot as early as possible

The first and best step to preventing the flu (or influenza), is to **get the flu shot every year**. The flu spreads quickly and easily from an infected person to others and anyone can get it. Getting the flu shot can protect you, your family and those around you.

Students may be at higher risk of getting the flu as they come together in close public spaces including the classroom, gymnasium, lunch room and library.

The flu shot is especially important for students who have a chronic condition (e.g. asthma, diabetes) or those who live with or have close contact with a pregnant woman, kids less than five years old, or a resident of a nursing home or other chronic care facility since these groups are at higher risk of getting very sick or being hospitalized because of the flu.

Flu shots are **free** and are readily available at:

- Health care provider's offices for people six months of age and older
- Participating pharmacies, for people five years of age and older

In addition to getting the flu shot annually, here are some other health tips that can help prevent the spread of the flu:

- Wash your hands well and often with either soap and water or alcohol based hand rub
- Cover your mouth and nose when you cough or sneeze (if you do not have a tissue, cough into your upper sleeve)
- Avoid touching your eyes, nose and mouth
- Stay home when you're sick
- Clean and disinfect surfaces and shared items

It's important to get the flu shot as early as possible as it can take nearly **two weeks** for the influenza vaccine to take full effect.

To learn more about flu and flu vaccine, visit york.ca/flu.

PUBLIC HEALTH 1-877-464-9675 TTY 1-866-512-6228 york.ca/flu

Active Travel

Winter is an Exciting Time of Year!

Winter is also a great time to get outside, have fun in the snow and discover the great outdoors! .

When the temperature drops, it is common for many parents to want their kids to spend time indoors. However, there are many benefits for kids to be active outside in the winter, including:

- Building different muscle groups and improving physical health
- Engaging in creative play
- Being messy and having fun
- Fresh air and sunlight
- Learning first-hand about nature, the weather and the seasons

When children are outside they move more, sit less, play longer and sleep more soundly at night. Being active also helps to improve your self-esteem, social skills and mental health.

1. Walk to and from school or the bus stop everyday
2. Wish the crossing guard or a classmate on your walk to school a great day
3. On your walk to school make a snow angel
4. On your walk to school complete 10 star jumps and 10 jumping jacks
5. Make someone laugh today
6. Check your local recreation center for fun activities that you and your family can do over the holidays
7. Say something positive to one of your classmates

Active School Travel is a simple way to fit physical activity into your daily routine!

If you live far, consider parking a block away and walking. If active school travel every day is a challenge, choose one, two or three times a week to make a change.

Sincerely,

YRDSB Active Travel Team and York Region Public Health



School Bus Cancellation Notice



To ensure the safety of students, school bus service may be cancelled due to inclement weather, extreme temperatures and/or poor road conditions. In these cases, parents and students should develop alternate care/transportation arrangements.

Cancellation decisions will only be made after thorough consultation with the Safety Officers of school bus companies servicing York Region and are based on several factors including precipitation, air temperature, road conditions and weather forecast.

Please note the following;

- A decision to cancel school bus service will be **region-wide** meaning all school buses, vans and taxis will not operate. Both the YRDSB and YCDSB operate many regional educational programs. Students attending these programs are transported over large attendance areas encompassing several municipal boundaries which prevents the ability to cancel bus service using a municipality or zone methodology.
- When bus service is cancelled all school tests and/or examinations will be cancelled and rescheduled.
- Student trips involving the use of school buses will also be cancelled.

Unless otherwise stated, schools will remain open and parents can make arrangements to transport their children to and from school even if school bus service is cancelled. **If buses are cancelled in the morning, they will not operate in the afternoon. Therefore students transported to school by parents will require the same transportation home.**

A bus cancellation message will be available at www.schoolbuscity.com, by calling 1-877-330-3001, or by following @YRDSB and @YCDSB on Twitter.

Parents, students and school staff may also access the following radio and television stations after 6:00 a.m. to receive bus cancellation information:

RADIO

590 AM	640 AM	680 AM	860 AM	1010 AM	1050 AM
1540 AM	1580 AM	88.5 FM	89.9 FM	92.5 FM	93.1 FM
94.9 FM	95.9 FM	97.3 FM	98.1 FM	99.1 FM	99.9 FM
101.1 FM	102.1 FM	104.5 FM	100.7 FM	105.9	107.1 FM

TELEVISION

CITY TV CTV Barrie CTV Toronto CP24 GLOBAL NEWS

Active School Travel - Reminder about signs

Please keep in mind that there is no parking from 8:30 to 9:30 am on Wilfred Murison Ave and Stonebridge Dr. in the morning and from 3:00 to 4:00pm in the afternoon. These are bike routes and this signage has been put in place by the Town of Markham and will be enforced for student and community safety.

请注意早上八时三十分至九时三十分和下午三时至四时在Wilfred Murison 和 Stonebridge 不得泊车。万锦政府在那里有單車线和这信息牌说明，为行人和学生安全，法规会按法办理。



Please remember that there are no left turns between 8:40am to 9:10am and from 3:25 to 3:40pm. This is for student safety and to allow for traffic to move smoothly during these busy times.

早上八时四十分至九时十分和下午三时二十五分至三时四十分不得左轉，这是学生安全和让交通流畅順。

Please keep in mind that during the winter months that the walkway that goes around the North side of the parking lot is not maintained and is closed. We would ask that you cross at the entrance to our parking lot where someone will assist you to cross safely and walk the path by the Kindergarten area as this is maintained by the school with snow clearing and salting during the winter months.

请注意，在冬季期间，停车场以北部份不会剷雪和关闭，所以请应用学校正门过路，我们可安排让您安全过马路。亦可在幼儿园旁的行人路走过因为那边是会经常保持剷雪和加溶雪盐。



Please keep in mind the signage in the parking lot noting that there is no parking in the left lane, and the right lane closest to the walkway is for drop off only. Parking is not permitted in this drop off lane as it restricts the ability for others behind you to proceed. Please keep in mind that if you do need to drop off lunch, or visit the office that you can park on Stonebridge Ave between 9:30am and 3:00pm.

请注意：在泊车场已经有个告示，说明不得停車在正门的左线上，在最右线只可停一下放下孩子，在这线也不得停泊。因为停泊会阻碍后来的車通过。如果您要放午餐盒，您可在早上九时三十分至下午三时停泊在Stonebridge 街上。

March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Duane Gibson Black History Month Assembly @11:15am Mr. Sub Lunch</i>	3 <i>Popcorn Day</i>	4 <i>SK Graduation Picture Day Pasta Lunch</i>	5 <i>Gr.8 Graduation Picture Day (AM) Popcorn Day Pizza Day</i>	6 <i>Gr.8 Graduation Picture Day (AM)</i>	7
8	9 <i>Mr. Sub Lunch</i>	10 <i>Popcorn Day</i>	11 <i>Mr. Greek Lunch</i>	12 <i>Popcorn Day Pizza Day</i>	13	14
15	16 <i>March Break</i>	17 <i>March Break</i>	18 <i>March Break</i>	19 <i>March Break</i>	20 <i>March Break</i>	21 <i>World Down Syndrome Day</i>
22	23 <i>Mr.Sub Lunch</i>	24 <i>Popcorn Day</i>	25 <i>Pasta Lunch</i>	26 <i>Purple Day for Epi- lepsy Awareness Popcorn Day Pizza Day</i>	27	28
29	30 <i>Mr.Sub Lunch</i>	31 <i>Popcorn Day</i>				